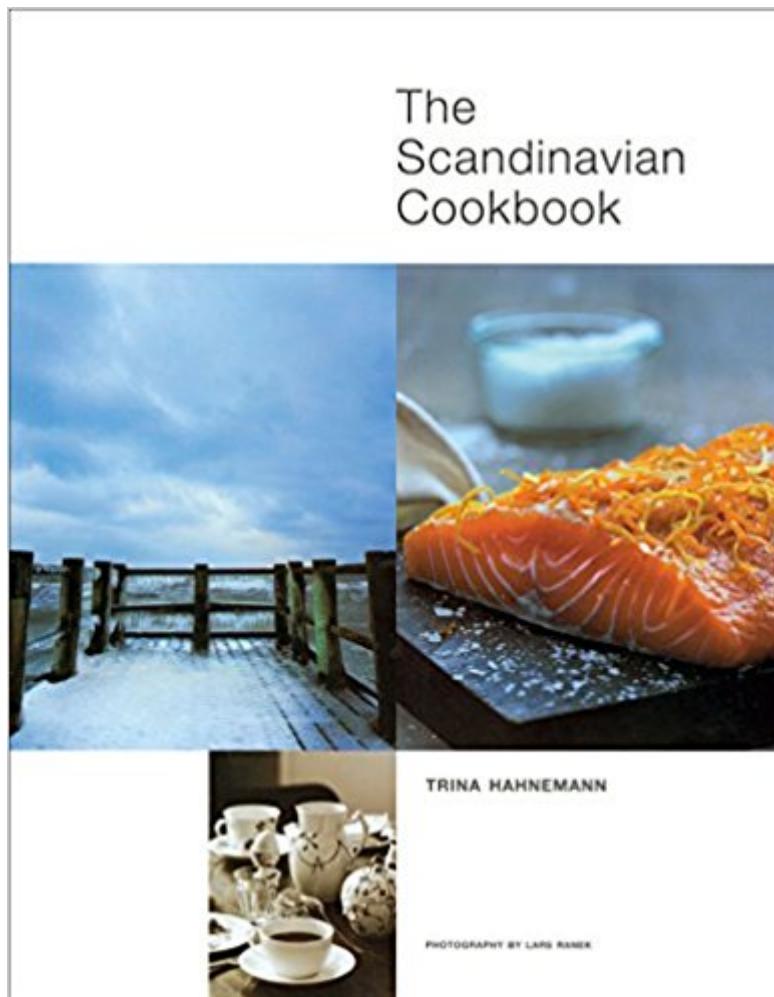


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# The Scandinavian Cookbook



## Synopsis

Trina Hahnemann's offering, *The Scandinavian Cookbook*, brings the essence of Scandinavia to life and to the table. Lars Ranek's food and landscape photography is just as remarkable as Trina's seasonal recipes. Trina offers a modern twist on Scandinavia's traditions with wholesome and mouthwatering dishes organized by the calendar month. Her progressive take on taste celebrates the region's rich traditions of family meals and festivals, as well as its robust seasons, with simple recipes made from healthy and timely ingredients. We get a sampling of the seasons with delicious recipes for an entire year's worth of fabulous and easy-to-prepare main courses, sides, desserts, and more. From Swedish Christmas Ham, Skagen Fish Soup, Salmon Burgers, and Kartoffelkage, to yummy Layer Cake with Strawberries and traditional Crisp Vanilla Danish Butter Cookies, readers will quickly discover that Scandinavian cooking is always in season. Scandinavia may be a small region, but when it comes to food, its influence and impact are big. Taste the traditions and the seasons.\* Cooks will enjoy 340 rich and evocative four-color photographs by Lars Ranek, who uniquely showcases the beauty he finds in the food and culture of Scandinavia.

## Book Information

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## Customer Reviews

The book has 115 recipes divided by months and grouped into seasons to make the most of the local foods available in the Nordic region. The photography is gorgeous, (done by Lars Ranek, one of Scandinavia's premier food photographers), and features beautiful shots of the recipes, the ingredients and the countries themselves, making this the kind of cookbook you want to read and enjoy. Each recipe or grouping of recipes has notes about the history and customs of the dish, so I found myself learning a lot going through the book and selecting recipes to try. Hahnemann set out

to show that modern Scandinavian cooking has "evolved" from the more traditional recipes and many of the dishes take inspiration from other countries and cultures while making the most of local ingredients. --Kahakai Kitchen, June 23, 2009The recipes are a mixture of familiar traditional recipes, variations on the traditional (like fish cakes in curry sauce), and new recipes using traditional Scandinavian ingredients. There are photographs of almost every dish, interspersed with photos of the raw ingredients and cityscapes, landscapes and people, all of them in glorious colour. The abundance of photographs means that this is not just a recipe collection, but actually a gorgeous coffee-table book as well. --Ice Cook, May 23, 2009

Trina Hahnemann's offering, The Scandinavian Cookbook, brings the essence of Scandinavia to life and to the table. Lars Ranek's food and landscape photography is just as remarkable as Trina's seasonal recipes. Cooks will enjoy 340 rich and evocative four-color photographs by Lars Ranek, who uniquely showcases the beauty he finds in the food and culture of Scandinavia. Trina offers a modern twist on Scandinavia's traditions with wholesome and mouthwatering dishes organized by the calendar month. Her progressive take on taste celebrates the region's rich traditions of family meals and festivals, as well as its robust seasons, with simple recipes made from healthy and timely ingredients. The Scandinavian Cookbook is an amazing cookbook. The photos are absolutely beautiful. There are plenty of recipes for people with special diets, including spelt buns and plenty of meat and fish dishes, or recipes than can be altered to accommodate.

The aesthetic quality of the photographs beautifully reflect scandinavian culture and landscapes, highlighting the elegant simplicity of the cuisine. This cookbook literally reframed how I regard scandinavian food. From comparing the food to enchiladas, pad thai and aloo palak--all comparisons that leave scandinavian food sadly flavorless and uninspiring--this book taught me to appreciate the simple, understated flavors of the north. The book is worthwhile even if only for the gorgeous photographs--it's a picture book for grown-ups.

Buy this cookbook. It is well worth the money. Teaches all about healthy seasonal eating, especially tied to the sea. Wonderful info on modern Scandinavian lifestyles and traditions. Photos are absolutely incredible, of exterior scenes and food pics.

i did use most of the reciepe easy woody and enjoyable

Love anything from Sweden

Had some good recipes, I liked how the book was grouped by months, that was nice to make use of available ingredients (more so if you are buying local foods in northern areas). I can't say enough how beautiful this book was...the pictures made me want to buy a plane ticket in the middle of winter:) Definitely enjoyed this book and recipes!

I actually keep this cook book on my coffee table because the photos (of both Scandinavia and the food) are so magnificent! It would be a beautiful gift, and the recipes all seem manageable!

I am from Denmark and have lived in the US for 13 years, so while I have many cookbooks in Danish I wanted one in English because it would be easier to cook from. This book does not disappoint. The recipes are all stellar everything I cook from it comes out perfect and I love how simple the recipes are. The pictures are absolutely gorgeous and it is written in simple, straightforward way. Most importantly the recipes are authentic and not a doctored up version of what Danish food would taste like in America. This is a must for anyone that wants yummy, true Scandinavian cooking.

I'm an American of English stock. Three of my wife's grandparents were of Danish descent, and she has many cousins in Denmark. I highly recommend this volume. The recipes are feasible and interesting, the photos are mouth watering, and the recipes evoke the feel-good feasts that I've enjoyed with my wife's relatives on our frequent visits to Denmark.

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